

2019 Early Career Development Course workshop: Elevator Pitch Instructions to Registrants

Dear ECDC registrants,

We are excited for you to attend the 2019 ECDC! This year's interactive session will be focused on creating an Elevator Pitch to hone your **networking skills**. As part of pre-course work, please prepare a short 1 minute speech with the purpose of engaging/ educating an individual or an audience.

You have already chosen a topic for the pitch during registration and you will be assigned groups based on that. Your assigned table number will be located on your meeting badge.

A	Trainee: Pitching to future clinical training (residency, fellowship, etc.)	Tables 1, 6, 7, 8
B	Trainee/Faculty: Pitching for job networking	Tables 2, 3, 4, 5, 6
C	Trainee/Faculty: Pitching for clinical/research identity networking	Tables 9, 10, 11, 12, 14
D	Faculty: Pitching for an ask e.g. clinical program/hospital resources	Tables 13, 15

This pitch is all about you: who you are, what you do, and what you want to do. It gives you a chance to share your expertise and credentials quickly and effectively with people who don't know you. You can use this in conferences, networking, job interviews etc. Here are some helpful tips to prepare for the pitch.

- 1) Keep it brief 30-60 secs
- 2) Introduce yourself- who you are
- 3) Share your skills- what you do
- 4) Mention your goals- what you want to do
- 5) Know your audience
- 6) Practice!

The workshop will allow you to practice and get feedback on your pitch in small groups that will be led by a senior faculty and an AAS leadership committee member. We hope you will find this activity useful as you develop your academic career. Dr. Adil Haider will provide a brief introduction to the session with some important pearls.

Looking forward to seeing you all there!

Shipra Arya and Catherine Velopulos